



# Springman Wildcats

## Weekly Newsletter



### Resources For Raising a Middle Schooler

Every month a little blurb regarding drugs and alcohol abuse prevention will be highlighted in the newsletter. One way to aid in prevention is to keep parents informed. You, as parents, are one of the most influential people in their lives. SAMSHA (Substance Abuse and Mental Health Administration) has a parent resource page that has a campaign talk titled, "Talk, they listen". Their goal is for all parent to have discussions with their children about the use of alcohol and other drugs. Here are 5 goals mentioned by SAMSHA.

#### **Talking To Kids About Alcohol - 5 Conversation Goals**

##### **1. Show you disapprove of underage drinking.**

More than 80% of young people ages 10-18 say their parents are the leading influence on their decision to drink or not drink. So they really are listening, and it's important that you send a clear and strong message.

##### **2. Show you care about your child's happiness and well-being.**

Young people are more likely to listen when they know you're on their side. Try to reinforce why you don't want your child to drink—not just because you say so, but because you want your child to be happy and safe. The conversation will go a lot better if you're working with, and not against, your child.

##### **3. Show you're a good source of information about alcohol.**

You want your child to be making informed decisions about drinking, with reliable information about its dangers. You don't want your child to be learning about alcohol from friends, the internet, or the media—you want to establish yourself as a trustworthy source of information.

##### **4. Show you're paying attention and you'll notice if your child drinks.**

You want to show you're keeping an eye on your child, because young people are more likely to drink if they think no one will notice. There are many subtle ways to do this without prying.

##### **5. Build your child's skills and strategies for avoiding underage drinking.**

Even if your child doesn't want to drink, peer pressure is a powerful thing. It could be tempting to drink just to avoid looking uncool. To prepare your child to resist peer pressure, you'll need to build skills and practice them.

*Tip: Keep it low-key. Don't worry, you don't have to get everything across in one talk. Many small talks are better.*

### Upcoming Events

**10/5-16/2017**

**Sign-up for Fall Conferences Available through Parent Powerschool**

**10/6/2017**

Mid Point of Trimester 1

Springman Spirit: Wildcat Day

**10/9/2017**

Ronald McDonald House Physicals

Infinity SOS Presentations

**10/10/2017**

Pegasus SOS Presentations

**10/11/2017**

**Picture Retake Day**

PTA Meeting @ Attea - 7pm

**10/12/2017**

Equinox Field Trip to Theater

### Fall Conference Information

Parent/Teacher Conference Day is Friday, October 20th. (Time slots on other days may also be available.)

As was implemented last year, parents will once again be able to choose their conference time by going into their Parent Powerschool account and following the link to Sign-Up Genius.

The window to sign up for a conference through Parent Powerschool will be:

**Thursday, 10/5 at 3:30pm**

**to**

**Monday, 10/16 at 3:30pm**

## Picture Re-take Day, 10/11/2017



**\*For a student to re-take their school picture, they need to bring in their complete original photo package to hand to the photographer. Original photo packages will be sent home prior to Retake Day.**

**\*Absent and new students' pictures will also be taken this day. Parents must pre-order photo packages at [orderep.com](http://orderep.com) using code 10030102. You may also pick up a form in the office.**

## Academic Team Photos

Order envelopes are now available through team leaders to order your student's academic team photo. The cost is \$12 each. Students should bring in a check (payable to Color Portraits, inc) or cash (exact change required). They will fill out the envelope, enclose the payment, and give it to teacher or front office. A sample of the photo is hung near the team classrooms.

**ORDERS ARE DUE BY RE-TAKE DAY (WED, 10/11)**

### Visitor Procedures at District 34 Buildings

As a reminder, the district has implemented new visitor management procedures at all of its buildings. As part of this, all visitors will need to be properly identified before entering the front office at all schools and the Administration Building.

Once you have entered the front office, your identification will be run through our Raptor System and you will be given a visitor lanyard to wear throughout your time in the building. Your ID will be held by the front office until you have returned the lanyard and exited the building. This is to ensure all visitors are accounted for in the event of an emergency. For more information, [please click here](#).

### Recordatorio: Procedimiento para Visitantes a los Edificios del Distrito 34

Les recordamos que el Distrito ha implementado nuevos procedimientos de gestión para visitantes en todos sus edificios. Como parte de esto, todos los visitantes necesitarán ser identificados apropiadamente antes de entrar a la oficina principal de todas las escuelas y Edificio de Administración.

Una vez que haya entrado a la oficina, su identificación se registrará a través de nuestro sistema Raptor y se le dará un gáfete - cordón de visitante para que use durante el tiempo de su visita. Su identificación se quedará en la oficina hasta que devuelva el gáfete. Esto, con el propósito de asegurar que todos los visitantes se contabilizan en caso de una emergencia. Para obtener más información, [haga clic aquí](#) o visite nuestra página de internet del Distrito 34.

### 6th Grade Physicals

Please remember to submit a State of Illinois Health Form for your 6th grade student.

In accordance with Illinois State Law, 6th grade students who do not submit the required form will be excluded from school starting OCTOBER 16TH.

Parents receive a Powerschool alert if there is not a health form on file for their student. If you have submitted your form, please allow 1-2 for processing time.

To support our families who may have limited access to medical care, Ronald McDonald Care Van will be providing no cost physical exams for 6th grade students. Pre-registration is REQUIRED. If you are interested in an application, please email or call Nurse Stone (847-657-2194 OR [hstone@glenview34.org](mailto:hstone@glenview34.org)) Information is available in both English and Spanish.

Please contact Ms. Stone, School Nurse at [hstone@glenview34.org](mailto:hstone@glenview34.org) or 847-657-2194 with any questions.

### Los exámenes físicos de 6to Grado

Por favor, recuerde que debe presentar un examen físico de salud del estado de Illinois para su estudiante de 6to grado.

En acuerdo con la Ley del Estado de Illinois, los estudiantes de 6to grado que no presenten la forma requerida serán excluidos de la escuela a partir del 16 DE OCTUBRE.

Los padres reciben una alerta de Powerschool si no hay una forma de salud en el archivo de su hijo/a. Si ya han enviado el formulario, por favor permita de 1 a 2 días de tiempo de procesamiento.

Para apoyar a nuestras familias que puedan tener algún acceso limitado de atención médica, Ronald McDonald Care Van estará proporcionando exámenes físicos sin costo alguno para los estudiantes de 6º grado. Pre-registración será REQUERIDA. Si usted está interesado en una aplicación, por favor, envíe un correo electrónico o llame a la enfermera de la escuela, la Sra. Stone al (847-657-2194 O al correo electrónico [hstone@glenview34.org](mailto:hstone@glenview34.org)). La información está disponible en Inglés y en Español.

Si tiene cualquier pregunta no dude en comunicarse con la Sra. Stone, enfermera de la escuela al 847-657-2194 o por correo electrónico [hstone@glenview34.org](mailto:hstone@glenview34.org).